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BEFORE TAKEOFF - Clearing circle for Pattern Traffic			
Flaps UP • Carb Heat OFF • Transponder ALT			
Lights/Strobes ON Headset ON			
TAKEOFF Do Not exceed 2500 RPM for more than 5 min during take-off			
Normal: Rotate 60 mph Vy 91 mph (85 mph @ 5,000' DA)			
Short/Soft: Flaps 0 /10° Vx 68 mph			
CRUISE CLIMB 90 mph RPM			
	exceed 2500 RPM for more than 5 min during climb out		
BEST GLIDE	80 mph (flaps up)		
>1000' AGL	Oil Pres/Temp • Ammeter • Vacuum • Lights		
CRUISE Do Not exceed 2500 RPM for more than 5 min during Cruse			
	anding Light OFF • Mixture LEAN for max RPM		
Heading Indicator SET • Routinely Check Gauges			
	mp • Ammeter • Vacuum • Fuel • Carb Temp (64R)		
LANDING	Carb Heat ON		
	Fuel BOTH • Mixture ENRICH Approach at 65-75 mph		
GO AROUND Full Throttle • Pitch up • Carb Heat OFF			
Flaps retract to 20° • <i>Climbing & above 65 mph</i> retract flaps			
AFTER LANDING			
Carb Heat OFF • Transponder SBY • Flaps UP			
Mixture LEAN for taxi			
SHUTDOWN Avionics/Lights OFF • Mixture OFF • Master OFF •			
Mags OFF • Headset OFF • Parking Brake SET			
Control Lock Installed • Flight Plan Closed POSTFLIGHT			
Hobbs Time RECORD • Windows & Leading Edges CLEAN			
Wheel Chocks SET • Airplane LOCKED • Hangar SECURE			
Padlock Set 0000 • Lights OFF			
CAS MPH	Recommended Pattern Speeds / Approximate Power		
Vso 54	settings. Downwind: 90 mph / 2000 RPM		
Vs1 61	Downwind: 90 mph / 2000 RPM Abeam: 85 mph / 1500 RPM / 10 flaps		
Vfe 100 Va 112	Base: 80 mph / 1500 RPM / 20 flaps		
Vno 145	Final: 70 mph / 1500 RPM / 30 – 40 flaps		
Vne 182			

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Cessna 172M – 160HP V1.1			
PREFLIGHT	AFTER START		
Hobbs	Throttle – 1000 RPM		
Master – ON	Oil Pressure – CHECK		
Flaps – 20°	Flaps – UP		
Fuel Gauges – Check	Mixture – LEAN FOR TAXI		
Exterior Lights - CHECK	Avionics – ON		
Interior Lights - CHECK	Beacon – ON		
Master – OFF	Nav Lights – As Required		
Baggage Door – LOCKED	Transponder – STBY		
Tires	RUNUP		
Fuel Caps & Quantity			
Fuel Vents	Doors & Windows – LATCHED		
Oil level – 6 qts min	Controls – Free & Correct		
Nose strut	Flaps – UP		
Static Port	Trim – TAKEOFF Fuel – BOTH		
Wing Fuel Drains	Mixture – FULL RICH		
Engine Fuel Strainer	Throttle – 1700 RPM		
STADT	Mixture – BEST POWER		
START Seats – LOCKED	Vacuum – Check (4.6"-5.4")		
	Mags (drop < 125 , diff < 50)		
Selt Belts – FASTEN Parking Brake – SET	Carb Heat – TEST		
Fuel – BOTH	Alternator – TEST		
Circuit Breakers – IN	Throttle – 1000 RPM		
Avionics – OFF	Instruments – CHECK		
Mixture – RICH	Seat Belts – CHECK		
Carb Heat – COLD	COM – First Freqs		
Prime – As Required	NAV – First Freqs		
Throttle – OPEN ½"	OBS – SET		
Clear Prop	Charts & Log – READY		
Master – ON	Headset – ON		
Engage Starter (max 30 sec			
crank if no start)	SEE OTHER SIDE FOR		
	BEFORE TAKEOFF CHECK		
Emergency: Com 121.5 / Squawk 7700 Loss Com. Squawk 7600			
Flight Watch: 122.0 FSS BOI: 122.2 / 122.6			

Flight Watch: 122.0 FSS BOI: 122.2 / 122.6 EUL ASOS : 135.07 BOI ATIS: 123.9 BOI App/Dep: North 126.9 / South 119.6 BOI Twr 118.1 / Gnd 121.7